

Personal, Social, Health Education Whole School Curriculum Overview

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| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| PSHE Autumn 1 | I can sing a rainbow: PSED: Settling in Relationships | Happily Ever After: PSED: Relationships | Families and relationships | Families and Relationships | Families and relationships | Families and relationships | Families and Relationships | Families & Relationships |
| PSHE Autumn 2 | | Let's Celebrate: PSED: Feelings and emotions | Citizenship | Citizenship | Health and Wellbeing | Citizenship | Health and Wellbeing | Citizenship |
| PSHE Spring 1 | Paws, claws and whiskers: PSED: -Finding solutions to conflicts -Knowing rules and boundaries | Helpful Heroes: PSED: -Healthy lifestyles -Dental hygiene -Road safety | Health and Wellbeing 1 | Safety and the changing body | Health and Wellbeing Safety and the changing body | Health and wellbeing | Health & Wellbeing | Health & Wellbeing |
| PSHE Spring 2 | | Mad about Minibeasts: PSED: Taking care of others | Health and Wellbeing 2 | Safety and the changing body | Safety and the changing body | Families and relationships | Citizenships | Safety and the changing body |
| PSHE Summer 1 | Zoom, zoom, zoom: PSED: Self-regulation Starting school | Journeys: PSED: Healthy lifestyles and staying safe | Economic well-being | Economic well-being | Citizenship | Economic wellbeing | Economic Wellbeing | Economic Wellbeing |
| PSHE Summer 2 | | Long, long ago: PSED: Moving on to Year 1 | Safety and the Changing Body | Health and well-being | Economic wellbeing | Safety and the changing body | Safety and the changing body | Identity and transition |