

Physical Education Whole School Curriculum Overview

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	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
PE Autumn 1	I can sing a rainbow: PD: Gross motor skills - bikes/scooters	Introduction to PE	Gymnastics Team building	Yoga Team Building	Netball / Dance Swimming	Dance Hockey	Gymnastics Hockey	Badminton Tag Ruby
PE Autumn 2		Fundamentals	Yoga Fundamentals	Ball Skills Fundamentals	Football / Gymnastics Swimming	Gymnastics Cricket	Dance & Cricket	Gymnastics & Cricket
PE Spring 1	Paws, claws and whiskers: PD: -Balance -Ball skills	Dance	Dance Ball skills	Sending and receiving Target games	Basketball/Fitness Swimming	Fundamentals Netball	Badminton and Football	Yoga & Netball
PE Spring 2		Ball skills	Fitness Target games	Fitness Striking and Fielding	Athletics / Dance Swimming	OAA Ball skills	Dodgeball & netball	Dance & Football
PE Summer 1	Zoom, zoom, zoom: PD: Running, skipping, jumping, obstacle course. Sports Day	Games	Sending and receiving Striking and fielding games	Invasion Games Gymnastics	Tag Rugby/ Gymnastics Swimming	Handball Athletics	Yoga & Tag Rugby	Dodgeball & Athletics
PE Summer 2		Gymnastics	Invasion games Athletics	Net Wall Games Athletics	Cricket/ Fitness/ Swimming	Basketball Fitness	Fitness & OAA	Handball & Rounders