

## Personal, Social, Health Education Whole School Curriculum

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	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
PSHE Autumn 1	I can sing a rainbow: <b>PSED:</b> Settling in Relationships	Traditional tales Do they live happily ever after?	Families and relationships	Families and Relationships	Families and relationships	Families and relationships	Families and Relationships	Families & Relationships
PSHE Autumn 2		<b>PSED:</b> Relationships Feelings and emotions	Citizenship	Citizenship	Health and Wellbeing	Citizenship	Health and Wellbeing	Citizenship
PSHE Spring 1	Paws, claws and whiskers: <b>PSED:</b> -Finding solutions to conflicts -Knowing rules and boundaries	Helpful Heroes: What do you want to be when you grow up? <b>PSED:</b> -Healthy lifestyles -Dental hygiene -Road safety	Health and Wellbeing 1	Safety and the changing body	Safety and the changing body	Health and wellbeing	Health & Wellbeing	Health & Wellbeing
PSHE Spring 2		Mad about Minibeasts: Do all minibeasts look like their mummy? <b>PSED:</b> Taking care of others	Health and Wellbeing 2	Safety and the changing body	Safety and the changing body	Families and relationships	Citizenships	Economic wellbeing
PSHE Summer 1	Zoom, zoom, zoom: <b>PSED:</b> Self-regulation Starting school	Journeys What journeys do you go on? <b>PSED:</b> Healthy lifestyles	Economic well-being	Economic well-being	Citizenship	Economic wellbeing	Economic Wellbeing	Identity and transition
PSHE Summer 2		Long, long ago: Are all fairy tales set in a palace? <b>PSED:</b> Staying safe	Safety and the Changing Body	Health and well-being	Economic wellbeing	Safety and the changing body	Safety and the changing body	Safety and the changing body